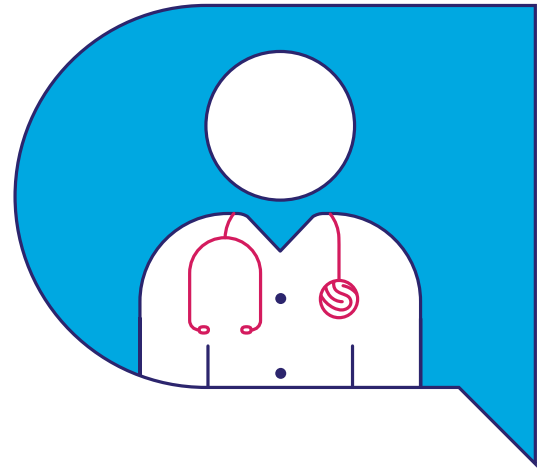


# UNCOVERING RARE OBESITY®

## A guide to speaking with your doctor about genetic testing

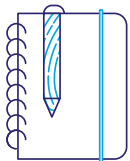


### PREPARING FOR YOUR APPOINTMENT

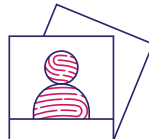
1 | Visit [LEADforRareObesity.com](https://www.leadforrareobesity.com) to learn more about rare genetic diseases of obesity, including the symptoms of severe obesity early in life and insatiable hunger

2 | Collect these items and bring to your appointment:

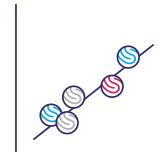
Food diary for one week



Photos of your family  
and/or yourself as a child



Growth charts



3 | Bring your questions:

- Could I/my child have a rare genetic disease of obesity?
- Is genetic testing right for me/my child?
- Is the **Uncovering Rare Obesity** genetic test an option for me/my child?

# INFORMATION FOR THE DOCTOR

Print this page and complete for yourself or your child, and provide to the doctor.

## HISTORY

Age: \_\_\_\_\_ BMI: \_\_\_\_\_

### I have/had or my child has/had:

Continued weight gain even while on a calorie-restricted diet and regular exercise plan?  Yes  No  Not sure

Hunger that won't go away, even after eating a full meal?  Yes  No  Not sure

Severe obesity as a toddler or young child?  Yes  No  Not sure

A classification of severe obesity made by a doctor?  Yes  No  Not sure

A history of thyroid conditions?  Yes  No  Not sure

Other family members with obesity?  Mother  Father  Sibling  No  Not sure

A history of bariatric surgery?  Yes  No  Not sure

• If yes to the question above, do you feel it was successful?  Yes  No  Not sure

A family member diagnosed with a genetic disease?  Yes  No  Not sure

• If yes to the question above, who and which disease? \_\_\_\_\_

Tried anti-obesity medications?  Yes  No  Not sure

Been genetically tested for a rare genetic disease of obesity?  Yes  No  Not sure

An immediate family member who has been genetically tested for a rare genetic disease of obesity?  Yes  No  Not sure

Other symptoms to discuss with the doctor (please explain)? \_\_\_\_\_

## UNCOVERING RARE OBESITY®

Certain forms of obesity are caused by genetic variants. Genetic testing may help you and your patients understand a primary cause of their obesity by identifying relevant genetic variants. This knowledge may help inform a possible diagnosis, treatment options, and potential eligibility for clinical studies. Clinical guidelines recommend genetic testing to inform appropriate interventions in patients with early-onset, severe obesity and hyperphagia.

Rhythm Pharmaceuticals is sponsoring the **Uncovering Rare Obesity** program, which offers no-charge genetic testing for eligible individuals who suspect they may have a rare genetic disease of obesity. Patients are responsible for any office visit, sample collection, or other costs.

The test includes nearly all of the most frequently tested genes associated with obesity. A doctor or healthcare professional must order the test for the patient. To learn more about this program or to order test kits, visit [UncoveringRareObesity.com](https://www.uncoveringrareobesity.com) or call PreventionGenetics at 1-844-513-3994, Monday – Friday, 8am – 7pm ET.

