

Could hard-to-control hunger (hyperphagia) be affecting the individual you care for?

If the individual you care for is living with BBS, it's important to understand the effect intense, hard-to-control hunger may be having on their life. Complete the survey below and share the results with their doctor.

Does the individual you care for:	Yes	No
Constantly argue when food is taken away?		
Manipulate others into giving them more food?		
Throw severe tantrums when food is withheld?		
Have trouble focusing at school or work because of hunger?		
Have trouble participating in recreational activities because of hunger?		
Find that hunger impacts their relationships with family or friends?		
Exhibit unusual behavior because of their preoccupation with food?		
Wake up asking or searching for food during the night?		
Sneak or steal food no matter how much they've eaten?		
Constantly ask for more food, no matter how much they've just eaten?		
Seem preoccupied with food or talk about food a lot?		

Share the results of this survey with their doctor. Tell the doctor about any symptoms of intense, hard-to-control hunger that the individual you care for is experiencing.

Could hard-to-control hunger (hyperphagia) be affecting you?

If you are living with BBS, it's important to understand the effect intense, hard-to-control hunger may be having on your life. Complete the survey below and share the results with your doctor.

Do you:	Yes	No
Ever feel stressed out due to hunger, or worry about food?		
Manipulate others into giving you more food after you've already eaten?		
Have trouble focusing at school or work because of hunger?		
Exhibit behavior others find unusual because of a preoccupation with food?		
Wake up asking or searching for food in the night?		
Sneak or steal food even after you've eaten?		
Find that hunger impacts your ability to participate in recreational activities?		
Find that hunger impacts your relationships with family or friends?		
Feel hungry after you just ate, no matter how much you've eaten?		
Think about food a lot, to the point of being preoccupied?		

Share the results of this survey with your doctor. Tell your doctor about any symptoms of intense, hard-to-control hunger that you're experiencing.